



Sedona Winds

Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021



Happy Cinco de Mayo!

We hope our residents have a bright and festive holiday!



Here's to You, Mom

Happy Mother's Day to all of the mothers and grandmothers in our community! We hope you enjoy your special day.

Mother's Day Celebration

Moms, it's your day to shine! Join us for our Mother's Day events, where we will be celebrating YOU! Check the calendar for details.

Please join us on Sunday, May 12 for a Special Brunch Honoring Mothers. Brunch Times are 11:30 a.m. and 1:30 p.m. Hope to see you there!



May 2024



Remember and Honor

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service.



Community Sale May 18th 10-1pm

Clean out your closets and help us make some money in our upcoming community rummage sale. We'll take care of the advertising; you supply the goods. Round up your unwanted clothes, toys, kitchen items, etc. Details will be coming soon, so get busy!

Let's Go for a Walk!

Spring is here to stay, and our walking club is in full swing! Check the calendar for times and join us for our walking competition.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>CINCO DE MAYO</p>	<p>All Events Are Subject to Change</p>	 <p>HAPPY MOTHER'S DAY</p>	<p>May Day 1</p> <p>9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Will from Edward Jones</p>	<p>2</p> <p>9:30 Cottonwood Van</p> <p>10:00 Fitness 1:00 Bowling on Wii 2:00 Crafts with Julie 6:00 Mexican Train 6:30 Bible Study</p>	<p>3</p> <p>10:00 Fitness 2:00 Fun with Michelle 6:00 Mexican Train</p>	<p>Happy Birthday Richard 4</p> <p>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</p>
<p>Cinco De Mayo. Happy Birthday Ruben G. 5</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</p>	<p>Happy Birthday Judy M. 6</p> <p>10:00 Fitness 10:45 Trivia Fun 2:00 Island Joy Music 3:00 Catholic Service</p>	<p>Happy Birthday Carol R. & Happy Anniversary Richard & Marlene 7</p> <p>8:30 Coffee Club with Will from Edward Jones 10:00 Fitness/ Kitchen Tour 10:00 Village Van 11:00 Bible Study 11:00 Walking Group Miles 2:00 Card Bingo</p>	<p>8</p> <p>9:30 Sedona Van</p> <p>10:00 Fitness 11:00 Wellness Clinic 2:00 Village Ukulele Band</p>	<p>9</p> <p>9:30 Cottonwood Van</p> <p>10:00 Fitness 1:00 Bowling on Wii 2:30 Mother's Day Tea 6:00 Mexican Train 6:30 Bible Study</p>	<p>10</p> <p>10:00 Fitness 2:00 Let's Play Yahtzee 6:00 Mexican Train</p>	<p>11</p> <p>2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</p>
<p>Mother's Day 12</p> <p>10:00 Communion in the Library 11:30 Mother's Day Brunch 1:30 Mother's Day Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</p>	<p>13</p> <p>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</p>	<p>Happy Birthday Glenna & Eva 14</p> <p>10:00 Fitness 10:00 Village Van 11:00 Bible Study 11:00 Walking Group Miles 2:00 Card Bingo</p>	<p>15</p> <p>9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Drumming, Rhythm & Fitness 10:00 Fitness 2:00 Bingo with Will from Edward Jones</p>	<p>16</p> <p>9:30 Cottonwood Van</p> <p>10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z. 6:00 Mexican Train 6:30 Bible Study</p>	<p>17</p> <p>10:00 Fitness 10:30 Van to Prescott 6:00 Mexican Train</p>	<p>Happy Birthday Laura 18</p> <p>10:00 Chair Yoga with Susannah 10:00 Rummage Sale 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</p>
<p>Happy Birthday Lucy 19</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</p>	<p>20</p> <p>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</p>	<p>21</p> <p>10:00 Fitness 10:00 Village Van 11:00 Bible Study 11:00 Walking Group Miles 2:00 Card Bingo</p>	<p>22</p> <p>9:30 Sedona Van</p> <p>10:00 Fitness 2:00 Ice Cream & Trivia Social with Gwen</p>	<p>23</p> <p>9:30 Cottonwood Van</p> <p>10:00 Fitness 1:00 Bowling on Wii 6:00 Mexican Train 6:30 Bible Study</p>	<p>Happy Birthday Don T. 24</p> <p>10:00 Fitness 2:00 Let's Play Scrabble 6:00 Mexican Train</p>	<p>25</p> <p>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</p>
<p>26</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</p>	<p>Memorial Day 27</p> <p>10:00 Fitness 10:45 Trivia Fun 11:30 Holiday Brunch 1:30 Holiday Brunch 3:00 Catholic Service</p>	<p>28</p> <p>10:00 Fitness 10:00 Village Van 11:00 Bible Study 11:00 Walking Group Miles 2:00 Card Bingo</p>	<p>Happy Birthday Lois & Terri S. 29</p> <p>9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Fitness 1:30 Birthday Concert with Peter Davis</p>	<p>30</p> <p>9:00 Library Book Talk 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with Kathi 6:00 Mexican Train 6:30 Bible Study</p>	<p>Happy Birthday Austin 31</p> <p>10:00 Fitness 2:00 Show and Tell 6:00 Mexican Train</p>	

