



Sedona Winds

Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021



Lucky Celebration

We're celebrating all things Irish this month with our St. Patrick's Day party. Join us for food and fun, and don't forget to wear green for luck! Sunday, March 17th, at 3:00 p.m. in the Activity Room.

Happy St. Patrick's Day!

May the luck of the Irish be with you on March 17 and all the days to come. Happy St. Patrick's Day to all our residents!



Hello, Spring

The first day of spring is March 20. Celebrate with a stroll outdoors, some spring cleaning, or a salad of fresh spring greens.



March 2024

Easter Joy

We want to wish all of our residents a happy Easter! We hope you and your loved ones have a joyous holiday.



Easter Egg Hunt

We are hosting an Easter Egg Hunt for Sedona Charter School on Tuesday, March 26th, at 10:00 a.m. outside the dining room.

If you are interested in donating candy, please see Julie or Nikki for details. Come join the fun and help fill Easter Eggs for the kids and come watch them find them. Hope to see you there!

Happy Valentine's Day!



Residents enjoying the party and a special Thank You to the Culinary Department for the Chocolate Covered Strawberries and to Greg & Lisa Benedetto for the great music.

Walk for Health

With spring just ahead, it's a good time to put on your walking shoes. Regular walking, even for short amounts of time, is linked to numerous health benefits.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Events Are Subject to Change</div>					<div>10:00 Fitness 2:00 Let's Play A Game 6:00 Mexican Train</div>	<div>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</div>
<div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</div>	<div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service 6:00 Mexican Train</div>	<div>8:30 Coffee Club with Will from Edward Jones 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div>	<div>9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Will from Edward Jones</div>	<div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Fill Easter Eggs 6:30 Bible Study</div>	<div>10:00 Fitness 2:00 Let's Play A Game 6:00 Mexican Train</div>	<div>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</div>
<div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</div>	<div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service 6:00 Mexican Train</div>	<div>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div>	<div>9:30 Sedona Van 10:00 Fitness 11:00 Wellness Clinic 2:00 Village Ukulele Band</div>	<div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z. 6:00 Mexican Train 6:30 Bible Study</div>	<div>10:00 Fitness 11:00 Downsizing Seminar 2:00 Let's Play Yahtzee 6:00 Mexican Train</div>	<div>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</div>
<div>St. Patrick's Day 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 St. Patrick's Day Party 6:00 Mexican Train</div>	<div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service 6:00 Mexican Train</div>	<div>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Ice Cream Social & Trivia with Gwen</div>	<div>Spring Begins 9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Drumming, Rhythm & Fitness 10:00 Fitness 2:00 Bingo with Will from Edward Jones</div>	<div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Fill Easter Eggs 6:00 Mexican Train 6:30 Bible Study</div>	<div>10:00 Fitness 2:00 Let's Play A Game 6:00 Mexican Train</div>	<div>Purim Begins at Sundown 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</div>
<div>Palm Sunday 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</div>	<div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service 6:00 Mexican Train</div>	<div>10:00 Easter Egg Hunt with Sedona Charter School 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div>	<div>9:30 Sedona Van 10:00 Fitness 11:00 Quirky Country Music Song Titles 2:00 Bingo with Laura</div>	<div>9:00 Library Book Talk 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Birthday Concert 6:00 Mexican Train 6:30 Bible Study</div>	<div>10:00 Fitness 2:00 Let's Play A Game 2:00 Show and Tell 6:00 Mexican Train</div>	<div>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves Group with Patricia Yacker 6:00 Mexican Train</div>
<div>Easter 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie & Popcorn 6:00 Mexican Train</div>						

