

# *Sedona Winds*

*Retirement Community*

~ Daily Menu ~

## *Beverages*

Orange Juice, Cranberry Juice, Apple Juice, Prune Juice, Fruit Punch, V8, Iced or Hot Tea, Lemonade, Arnold Palmer, Regular Coffee, Decaf Coffee, Milk

## *Starters*

Seasonal Fruit Cup, Cottage Cheese, Fresh Garden Salad w/ Choice of Dressing

## *Homemade Soup of the Day*

Zuppa Toscana: Italian Sausage, Rosette Potatoes, Onion and Kale

## *Sugar Free Desserts*

S/F Jell-O, S/F Ice Cream, S/F Chocolate Cream Pie, Fresh Baked S/F Cookies, Daily Specialty: S/F Lemon Meringue Pie

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## *Main Course*

Grilled New York Steak w/ Homemade Red Wine Sauce

## *Side Dishes*

Rosemary Roasted Fingerling Potatoes, Baked Potato w/ Whipped Butter & Sour Cream, Sautéed Green Beans Amandine, Garlic Buttered Baby Bakers

## *Daily Options*

BLT Sandwich (Bacon, Lettuce, Tomato), Deli Sandwich, Sirloin Burger on a Bun, Grilled Hot Dog w/ Mustard & Relish, Grilled Cheese Sandwich, Peanut Butter and Jelly Sandwich

## *Traditional Desserts*

Jell-O, Fresh Daily Baked Cookies, Yogurt w/ Homemade Granola, Homemade Ice Cream: Vanilla, Chocolate and Strawberry, Daily Special: Pecan Turtle Cheesecake